

What Makes a Successful AVID Student?

Objectives: Students will evaluate their own path to success after learning about the characteristics of successful AVID students by watching inspiring videos of former AVID students as they discuss the barriers to success they faced, how they overcame them and their future goals.

Grade Level: High School

Materials and Preparation:

- [What Makes a Successful AVID Student Lesson Plan](#)
- Video clips ([Ron Rossingh](#), [Rita Helmbrecht](#), and [Jonathan Grant Brown](#)).
- [Speaker Video Notes—Student Handout](#)
- [Assessing My Barriers—Student Handout](#)
- [My Goals for Success—Student Handout](#)

Suggested Procedure:

1. Opening—Discussion: What traits do you think make a successful AVID student?
2. Watch 1 (or more) of the [videos](#) clips and have students fill out [Speaker Video Notes](#).
3. Go over handout with students and have them discuss their impressions of the speakers.
4. Have students fill out [My Goals for Success](#) (modeled after Jonathan Grant Brown’s speech).
5. Teachers may allow students to share out their goals or continue to step #6.
6. Have students evaluate barriers to the goals listed on their My Goals For Success handout by filling out the [Assessing My Barriers](#) handout.
7. Students may share their answers with the class.